

## The Pushor Mitchell United Way Day of Caring® is...

A unique opportunity for your workplace or group to support a local non-profit organization by completing a project that they might otherwise not have the time or resources to complete.



### A Day of Caring can be...

**Life-changing** – your participation will help strengthen a network of social programs, services and partnerships that have a direct impact on the lives of one in three Okanagan residents every year.

**Meaningful** – for workplaces that participate in United Way campaigns, it's amazing to see the impact of your donations firsthand.

**Hands-on** - it's a unique volunteer experience that gives employees a chance to work together in new ways and feel more connected to our community. A great team-building exercise!

**Informative** – learn more about our community's biggest challenges and how we can work together to address root causes and find permanent solutions to social issues.

### Day of Caring projects...

- Are available year-round and arranged in the order requests are received. United Way organizes a Spring Day of Caring once per year where multiple teams participate or custom Days of Caring to suit your teams schedule.
- Usually take anywhere from 2 to 4 weeks to plan; larger, more complex projects may require more time.
- Average one full or one half-day in duration.
- Vary, depending on current needs at the time of your request.

### Typical Day of Caring tasks:

- Help a non-profit agency with spring/fall cleaning or yard work
- Sort donations of clothing, food, furniture or household goods
- Prepare resource kits or hampers



### Learn more about a Day of Caring:

Phone: (250) 860-2356 or 1-855-232-1321

Email: [info@unitedwaycso.com](mailto:info@unitedwaycso.com)

More info online:

[unitedwaycso.com/day-of-caring](http://unitedwaycso.com/day-of-caring)

**Together, we are possibility.**